

November 2023

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Grateful Notes to Team Members 9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Community Euchre, <i>CL</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:30 Birthday Party , <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	Grateful Notes to Team Members 9:00 Men's Breakfast-Sunrise Cafe , <i>L</i> 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:00 Coffee Classical - ISO , <i>L</i> 10:45 TED Talks, <i>AS</i> 11:00 Line Dancing, <i>WH</i> 11:30 Creative Writing with Becca, <i>AS</i> 12:00 Documentary, <i>TH</i> 2:00 Who, What, Where am I?, <i>AS</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 3:00 All Residents Meeting , <i>WH</i> 3:30 A Discussion on Tolstoy's Anna Karenina with Richard Gunderman , <i>TH</i> 7:00 Thursday Night Football, <i>TH</i>	Football Friday Grateful Notes to Team Members 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town-Milan '54 Hoosier's Basketball Museum , <i>L</i> 11:00 Current Events, <i>AS</i> 12:30 Indianapolis Quilt Guild Meeting, <i>WH</i> 2:00 Guest Speaker - Melissa Moran, The Nature Conservatory , <i>TH</i> 4:00 Happy Hour-The Ages Band featuring Larry Lux , <i>WH</i>	Grateful Notes to Team Members 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold , <i>WH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO , <i>B</i> 4:00 Weekend Movie, <i>TH</i>
5	6	7	8	9	10	11
Grateful Notes to Team Members 11:15 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah , <i>MP</i> 4:05 Colts Game, <i>TH</i>	Grateful Notes to Team Members 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 1:00 Bible Study, <i>TH</i> 1:00 iPhone help with Sue Ellen, <i>AS</i> 1:30 Personal Shopping Experience at Marigold Clothing , <i>L</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i>	Grateful Notes to Team Members 9:00-2:00 Voting Transportation , <i>L</i> Tasty Tuesday - Art Studio 9:00 Active Strength and Stretch, <i>MP</i> 10:00 Life Enrichment Committee Meeting, <i>AS</i> 11:00 Drum Cardio, <i>MP</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 1:00 Book Club , <i>FL2</i> 2:00 Dining Committee Meeting , <i>CL</i> 2:00 Health & Wellness Committee Mtg , <i>ILCR</i> 2:00 Maintenance Committee Meeting , <i>D</i> 3:00 Group Games with Memer, <i>TH</i>	Grateful Notes to Team Members 9:00 Gentle Chair Yoga, <i>MP</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Iron Chef , <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	Grateful Notes to Team Members 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Line Dancing, <i>WH</i> 11:30 Creative Writing with Becca, <i>AS</i> 12:00 Documentary, <i>TH</i> 2:00 Resident Council Meeting , <i>D</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 2:30 Delicious Destinations! with Elizabeth & Memer, <i>WH</i> 3:00 Who, What, Where am I?, <i>AS</i> 3:30 A Discussion on Tolstoy's Anna Karenina with Richard Gunderman , <i>TH</i> 7:00 Thursday Night Football, <i>TH</i>	Football Friday Grateful Notes to Team Members 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Coffee Pops , <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Swap Meet , <i>AS</i> 1:45 Duplicate Bridge, <i>D</i> 2:30 Veterans Day Brick Dedication and Reception , <i>FRC</i> 4:00 Happy Hour, <i>WH</i>	Grateful Notes to Team Members 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold , <i>WH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO , <i>B</i> 4:00 Weekend Movie, <i>TH</i> 6:45 CSO - Masterworks 2 , <i>L</i>
12	13	14	15	16	17	18
Grateful Notes to Team Members 9:30 Colts Game, <i>TH</i> 11:15 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah , <i>MP</i>	Grateful Notes to Team Members 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Carmel Library , <i>L</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Donut Drive - Titus Bakery, Westfield , <i>L</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i> 4:00 Ten Year Anniversary Celebration "There's No Place Like Home" , <i>WH</i>	Grateful Notes to Team Members 9:00 Active Strength and Stretch, <i>MP</i> 11:00 Drum Cardio, <i>MP</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 3:00 Group Games with Memer, <i>TH</i>	Grateful Notes to Team Members 9:00 Gentle Chair Yoga, <i>MP</i> 10:30 Hank the Wonder Poodle , <i>WH</i> 11:15 Confession & Mass-St. Elizabeth Seton Catholic Church , <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Community Euchre, <i>CL</i> 1:30 Thanksgiving Side Dish Cook Off , <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	Grateful Notes to Team Members 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Line Dancing, <i>WH</i> 11:30 Creative Writing with Becca, <i>AS</i> 12:00 Documentary, <i>TH</i> 2:00 Who, What, Where am I?, <i>AS</i> 2:00 Mass, Communion & Rosary , <i>MP</i> 3:00 Town Hall , <i>WH</i> 3:30 A Discussion on Tolstoy's Anna Karenina with Richard Gunderman , <i>TH</i> 7:00 Thursday Night Football, <i>TH</i>	Football Friday Grateful Notes to Team Members 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town-Junior League Holiday Mart , <i>L</i> 10:30 Turkey Shoot , <i>WH</i> 11:00 Current Events, <i>AS</i> 1:00 Piano Program - Margo Greyvenstein , <i>WH</i> 3:30 Dementia Support Group, <i>MP</i> 4:30 Happy Hour with The Barrington Five , <i>WH</i>	9:00 Indy Honor Flight Breakfast , <i>WH</i> 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold , <i>MP</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO , <i>B</i> 4:00 Weekend Movie, <i>TH</i>
19	20	21	22	23	24	25
11:15 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah , <i>MP</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 1:00 Bible Study, <i>TH</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i> 5:00 Dinner on the Town - Prime 47 , <i>L</i>	9:00 Active Strength and Stretch, <i>WH</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 1:00 Joe Bro's , <i>CL</i> 1:00 Team Member Appreciation Committee Meeting , <i>FL2</i> 2:00 Poker , <i>FL3</i> 3:00 Group Games with Memer, <i>TH</i>	9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	Thanksgiving 12:30 NFL Packers vs. Lions - on FOX, <i>TH</i> 4:30 NFL Commanders vs. Cowboys - on CBS, <i>TH</i> 7:00 Thursday Night Football, <i>TH</i>	Football Friday 11:00 Ladies Lunch - Oakley's , <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Teaching Kitchen - with Andre , <i>MP</i> 1:45 Duplicate Bridge, <i>D</i> 4:00 Happy Hour, <i>WH</i>	Time TBD IU vs Purdue Football Game , <i>TH</i> 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold , <i>WH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO , <i>B</i> 4:00 Weekend Movie, <i>TH</i>
26	27	28	29	30	MEETING PLACES	
11:15 Catholic Communion, <i>TH</i> 1:00 Colts Game, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah , <i>MP</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 1:00 Craft Club , <i>AS</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i> 5:30 Men's Dinner - "Boy's Club" , <i>PDR</i>	9:00 Active Strength and Stretch, <i>WH</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 1:00 Lilly's Wearable Art - Fashion Show , <i>WH</i> 2:00 Maintenance Committee Meeting , <i>D</i> 2:30 Chef's Table , <i>B</i> 3:00 Group Games with Memer, <i>TH</i> 5:30 Christmas Nights of Lights , <i>L</i>	9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Podiatry Clinic, <i>WC</i> 1:00 Balance Basics, <i>FC</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:00 Songstress Susan Boots , <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i> 7:00 One Voice Chorus , <i>WH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Line Dancing, <i>WH</i> 11:30 Creative Writing with Becca, <i>AS</i> 12:00 Documentary, <i>TH</i> 2:00 Ashley Nicole Soprano Holiday Program at the Cat Theater , <i>L</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 3:00 Who, What, Where am I?, <i>AS</i> 3:30 A Discussion on Tolstoy's Anna Karenina with Richard Gunderman , <i>TH</i> 3:30 Ukeladies , <i>WH</i> 5:45 Civic Theatre Sneakview - Elf the Musical , <i>L</i> 7:00 Thursday Night Football, <i>TH</i>	WH - Windsor Hall L - IL Lobby FC - Fitness Center CL - Card Lounge TH - Theater B - Bistro AS - Art Studio MP - Multipurpose Room FL2 - 2nd Floor Lounge ILCR - IL Conference Room	D - IL Den FRC - Front Circle FL3 - 3rd Floor Lounge WDR - Windmere Dining Room WC - Wellness Clinic