

March 2023

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEETING PLACES WH - Windsor Hall L - IL Lobby FC - Fitness Center CL - Card Lounge TH - Theater B - Bistro AS - Art Studio MP - Multipurpose Room FL2 - 2nd Floor Lounge ILCR - IL Conference Room	D - IL Den FP - IL Fireplace Lobby FL3 - 3rd Floor Lounge WC - Wellness Clinic		1 9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Community Euchre, <i>CL</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:30 Birthday Party, <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	2 9:00 Men's Breakfast - Uptown Cafe, 116th St., <i>L</i> 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Latin & Line, <i>WH</i> 2:00 Who, What, Where am I?, <i>AS</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:00 All Residents Meeting, <i>WH</i>	3 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Coffee Pops, <i>L</i> 11:00 Current Events, <i>AS</i> 2:00 Guest Speaker Mat Pazzarelli - Formerly of the Colombo Crime Family, <i>TH</i> 4:00 Happy Hour - Music by Carson Thrift, <i>WH</i>	4 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>WH</i> 1:00 Documentary, <i>TH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>B</i> 4:00 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
5 11:00 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>WH</i> 4:00 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	6 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Dementia Education with Molly, <i>TH</i> 1:00 iPhone help with Sue Ellen, <i>MP</i> 1:15 Shopping Spree - Dollar Tree, <i>L</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i>	7 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Life Enrichment Committee Meeting, <i>AS</i> 11:00 Drum Cardio, <i>WH</i> 12:30 BYOM - Bring Your Own Movie, <i>TH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 1:00 Book Club, <i>FL2</i> 2:00 Dining Committee Meeting, <i>CL</i> 2:00 Health & Wellness Committee Meeting, <i>ILCR</i> 2:00 Maintenance Committee Meeting, <i>D</i> 3:00 Group Games with Memer, <i>TH</i>	8 9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:15 Market District Shopping Trip, <i>L</i> 1:15 Monon Center, <i>L</i> 2:00 Indianapolis Opera - "Opera on the Move", <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	9 Barbie's Birthday - Wear Pink 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Latin & Line, <i>WH</i> 1:00 Resident Council Meeting, <i>D</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Chix with Projx, <i>FP</i> 2:00 Social Bridge, <i>CL</i> 2:30 Delicious Destinations! with Elizabeth & Memer, <i>MP</i> 3:00 Who, What, Where am I?, <i>AS</i> 5:45 Civic Theatre Sneakview, Murder on the Orient Express, <i>L</i>	10 9:00 Active Strength and Stretch, <i>WH</i> 11:00 Current Events, <i>AS</i> 12:00 Life Enrichment Lunch Fundraiser - Coney Dogs, <i>MP</i> 12:00 Tour the Town - Bober Tea and Mochi Dough, <i>L</i> 1:00 Craft Club, <i>AS</i> 1:45 Duplicate Bridge, <i>D</i> 4:00 Happy Hour - Resident Pianist Roy Shelton, <i>WH</i>	11 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>WH</i> 1:00 Documentary, <i>TH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>B</i> 4:00 Classic Movie, <i>TH</i> 6:50 Carmel Symphony Orchestra, <i>L</i> 7:30 Documentary REPLAY, <i>TH</i>
12 Daylight Savings Begins (Spring Forward) 11:00 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>WH</i> 4:00 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	13 March Madness Brackets Available (Art Studio) 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Carmel Library, <i>L</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 1:00 20 Minutes, <i>MP</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i> 5:00 Dinner on the Town - Charleston's, <i>L</i>	14 Pi Day 9:00 Active Strength and Stretch, <i>WH</i> 11:00 Drum Cardio, <i>WH</i> 12:00 Murder Mystery Luncheon, <i>WH</i> 12:30 BYOM - Bring Your Own Movie, <i>TH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 3:00 Group Games with Memer, <i>TH</i>	15 March Madness Brackets Due to Nikki 9:00 Gentle Chair Yoga, <i>WH</i> 11:15 Confession and Mass - St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Community Euchre, <i>CL</i> 1:15 Monon Center, <i>L</i> 2:00 Dave Laskey Musical Entertainment, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	16 Human Scavenger Hunt 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Latin & Line, <i>WH</i> 2:00 Who, What, Where am I?, <i>AS</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:00 Town Hall, <i>WH</i>	17 St. Patrick's Day 9:00 Active Strength and Stretch, <i>WH</i> 11:00 Tour the Town - Museum of Miniature Houses, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Shamrock Shakes, <i>MP</i> 2:00 Piano Concert with Nate & Sophie Liang, <i>WH</i> 4:30 Happy Hour with The Barrington Five, <i>WH</i>	18 9:00 Indy Honor Flight Breakfast, <i>WH</i> 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>MP</i> 11:15 Metropolitan Opera Live - Lohengrin, Castleton Square Mall, <i>L</i> 1:00 Documentary, <i>TH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>B</i> 4:00 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
19 11:00 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>WH</i> 4:00 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	20 Fitness Challenge 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Ethnic Lunch-Jinya Ramen Bar, <i>L</i> 1:00 20 Minutes, <i>MP</i> 1:00 Grief Support Group, <i>D</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i>	21 Fitness Challenge Tasty Tuesday - Art Studio 9:00 Active Strength and Stretch, <i>WH</i> 11:00 Drum Cardio, <i>WH</i> 12:30 BYOM - Bring Your Own Movie, <i>TH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 1:00 Team Member Appreciation Committee Meeting, <i>FL2</i> 2:00 Poker, <i>FL3</i> 3:00 Group Games with Memer, <i>TH</i>	22 Fitness Challenge 9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:15 Market District Shopping Trip, <i>L</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:00 The Belle Musique Duo, <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	23 Fitness Challenge 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Latin & Line, <i>WH</i> 1:00 Workshop Team Meeting, <i>D</i> 2:00 Ashley Nicole - Soprano, <i>WH</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Chix with Projx, <i>FP</i> 2:00 Social Bridge, <i>CL</i> 3:00 Who, What, Where am I?, <i>AS</i> 6:20 Civic Theatre - Murder on the Orient Express, <i>L</i>	24 Fitness Challenge 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town - J. Edwards Gourmet Chocolates & Cakes, Kokomo, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Teaching Kitchen - with Andre, <i>MP</i> 1:45 Duplicate Bridge, <i>D</i> 4:00 Happy Hour - Resident Pianist Roy Shelton, <i>WH</i>	25 Fitness Challenge 10:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>WH</i> 1:00 Documentary, <i>TH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>B</i> 4:00 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
26 Fitness Challenge 11:00 Catholic Communion, <i>TH</i> 1:30 Community Games, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>WH</i> 4:00 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	27 Fitness Challenge 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Ladies' Lunch - Culvers, Westfield, <i>L</i> 1:00 20 Minutes, <i>MP</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i>	28 Fitness Challenge 9:00 Active Strength and Stretch, <i>WH</i> 11:00 Drum Cardio, <i>WH</i> 12:30 BYOM - Bring Your Own Movie, <i>TH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Art Time with Darvin Barnes, <i>AS</i> 2:00 Maintenance Committee Meeting, <i>D</i> 2:30 Chef's Table, <i>B</i> 3:00 Group Games with Memer, <i>TH</i>	29 Fitness Challenge 9:00 Gentle Chair Yoga, <i>WH</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Podiatry Clinic, <i>WC</i> 1:00 Balance Basics, <i>FC</i> 1:15 Monon Center, <i>L</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:00 Sizzlin' Greg Bacon - Saxophonist, <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	30 Fitness Challenge 9:00 Agility, Balance & Core, <i>WH</i> 9:30 Coffee & Pastries, <i>B</i> 10:45 TED Talks, <i>AS</i> 11:00 Latin & Line, <i>WH</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:00 Who, What, Where am I?, <i>AS</i>	31 Fitness Challenge 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town - Garfield Park Conservatory, Gnome Away from Home, <i>L</i> 11:00 Current Events, <i>AS</i> 2:00 Guest Speaker Don Knebel - In the Steps of Jesus, <i>TH</i> 4:00 Happy Hour - The Ages Band with Larry Lux, <i>B</i>	