

# October 2020

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>MEETING PLACES</b> WH - Windsor Hall TH - Theater FC - Fitness Center L - IL Lobby CL - Card Lounge AS - Art Studio FP - IL Fireplace Lobby B - Bistro OL - Online D - IL Den	SH - Your Apartment Shelf WP - Windmere Patio FL2 - 2nd Floor Lounge TV - TV Channel 900 FL3 - 3rd Floor Lounge HD - Hidden WC - Wellness Clinic				<b>1</b>	<b>2</b>	<b>3</b>
				9:00 Agility, Balance & Core, <i>WH</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 2:45 Handel's Ice Cream, <i>L</i> 3:30 Becca's Writing Workshop, <i>AS</i>		9:00 <b>FOOTBALL FRIDAY</b> Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Guest Speaker: Mark Zelonis "A Century of Landscape Design at Newfields," <i>TH</i> 4:00 Happy Hour, <i>B</i> 4:45 Polo at Sunset, <i>L</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Community BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 9:30 Dining Committee Meeting, <i>D</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Health & Wellness Committee, <i>AS</i> 10:00 Sue the Seamstress, <i>AS</i> 12:30 Big Leagues Winners Root Beer Float, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	9:00 Flu Clinic, <i>IL Clinic</i> 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 10:00 Lifestyles Committee Meeting, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 Book Club, <i>FL2</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:30 Netflix Series - The Last Dance, <i>TH</i> 2:00 POHLS Committee Meeting, <i>D</i> 2:00 The Belle Musique Duo - Fall Classical Inspirations, <i>WH</i>	9:00 Gentle Chair Yoga, <i>WH</i> 9:15 Market District Shopping Trip, <i>L</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>WH</i> 1:00 Community Euchre, <i>CL</i> 2:00 Posture, Balance & Strength, <i>WH</i> 2:30 Birthday Party, <i>WH</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:30 Resident Council Meeting, <i>D</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 Who Am I?, <i>AS</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 <b>FOOTBALL FRIDAY</b> Virtual Fitness, <i>TV</i> 10:00 Virtual Walk in the Park, <i>TV</i> 11:00 Current Events, <i>AS</i> 1:00 What Am I?, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 2:00 Corn Shucking Relay Race, <i>WH</i> 4:00 Happy Hour, <i>B</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Quarter BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Sue the Seamstress, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 All Residents Meeting, <i>WH</i> 4:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 1:15 Shopping Spree: Burlington Coat Factory, <i>L</i> 1:30 Netflix Series - The Last Dance, <i>TH</i> 2:00 Poker, <i>FL3</i> 2:00 Team Member Appreciation Committee Meeting, <i>D</i>	9:00 Gentle Chair Yoga, <i>WH</i> 9:15 Market District Shopping Trip, <i>L</i> 11:00 Indianapolis Museum of Art, <i>L</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>WH</i> 2:00 Posture, Balance & Strength, <i>WH</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 Town Hall - 1st Floor, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 2:00 Town Hall - 2nd Floor, <i>WH</i> 3:00 Town Hall - 3rd Floor, <i>WH</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 <b>FOOTBALL FRIDAY</b> Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Major General Craig Whelden, US Army Retired, <i>WH</i> 4:00 Happy Hour, <i>B</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Community BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Picard & Peeps, <i>WP</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	<b>Skip the Skeleton</b> 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Sue the Seamstress, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	<b>Skip the Skeleton</b> 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 1:30 Netflix Series - The Last Dance, <i>TH</i> 2:30 Chefs Table, <i>B</i>	<b>Skip the Skeleton</b> 9:00 Gentle Chair Yoga, <i>WH</i> 9:15 Market District Shopping Trip, <i>L</i> 10:00 Health Talk HTS Therapy, <i>TH</i> 11:00 Brain, Body Boost, <i>WH</i> 12:30 Community Euchre, <i>CL</i> 1:00 Balance Basics, <i>WH</i> 2:00 Posture, Balance & Strength, <i>WH</i> 2:30 St. Christopher's Episcopal Church Service, <i>TH</i> 5:00 Great Courses, <i>TH</i> 7:15 Tom Wright, <i>B</i>	<b>Skip the Skeleton</b> 9:00 Agility, Balance & Core, <i>WH</i> 10:00 Line Dancing, <i>WH</i> 10:00 Pumpkin Patch-Spencer Farms, <i>L</i> 11:10 TED Talks, <i>TH</i> 1:00 Workshop Team Meeting, <i>D</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 <b>FOOTBALL FRIDAY</b> <b>Skip the Skeleton</b> Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Colonel Nolan Schmidt, <i>TH</i> 4:00 Happy Hour, <i>B</i>	<b>Skip the Skeleton</b> 10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Quarter BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>Skip the Skeleton</b> 9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	<b>Skip the Skeleton</b> 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Sue the Seamstress, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	<b>Skip the Skeleton</b> 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 12:30 Podiatry Clinic, <i>WC</i> 1:00 Who Am I?, <i>AS</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 1:30 Netflix Series - The Last Dance, <i>TH</i> 2:00 POHLS Committee Meeting, <i>D</i> 2:00 Poker, <i>FL3</i>	<b>Skip the Skeleton</b> 9:00 Gentle Chair Yoga, <i>WH</i> 9:15 Market District Shopping Trip, <i>L</i> 11:00 Brain, Body Boost, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 2:00 Lilly's Wearable Art Boutique, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 5:00 Great Courses, <i>TH</i>	<b>Skip the Skeleton</b> 9:00 Agility, Balance & Core, <i>WH</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 2:30 Frisbee Toss, <i>WH</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 <b>FOOTBALL FRIDAY</b> <b>Skip the Skeleton</b> Active Strength and Stretch, <i>WH</i> 11:00 Current Events, <i>AS</i> 12:30 Costume Contest, <i>WH</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Pumpkin Carving Contest Voting Due, <i>B</i> 2:00 Guest Speaker: US District Judge James R Sweeney II, <i>TH</i> 4:00 Happy Hour, <i>B</i>	<b>Halloween</b> <b>Skip the Skeleton</b> 10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Community BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>	