

September 2020

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 10:00 Lifestyles Committee Meeting, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 Book Club, <i>FL2</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 2:00 POHLS Committee Meeting, <i>D</i>	9:00 Gentle Chair Yoga, <i>WH</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>FC</i> 1:00 Community Euchre, <i>CL</i> 1:15 Market District Shopping Trip, <i>L</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:30 Birthday Party, <i>WH</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Social Bridge, <i>CL</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:30 Cornhole, <i>WH</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 3:00 Kentucky Derby Hat Contest, <i>WH</i> 4:00 Happy Hour, <i>B</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Community BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
6	7	8	9	10	11	12
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	Labor Day 9:00 Virtual Fitness, <i>TV</i> 7:30 Armchair Travel, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 2:00 Poker, <i>FL3</i> 2:00 Guest Speaker: Ron May, "War in the Pacific" <i>TH</i> 2:00 Team Member Appreciation Committee, <i>D</i>	9:00 Field Trip - Exotic Feline Rescue, <i>L</i> 9:00 Gentle Chair Yoga, <i>WH</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>WH</i> 1:00 Shopping Spree - Kohls, <i>L</i> 1:15 Market District Shopping Trip, <i>L</i> 2:00 Posture, Balance & Strength, <i>WH</i> 3:00 Music with Dave Laskey, <i>TH</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:30 Resident Council Meeting, <i>D</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 2:00 Guest Speaker: Dr. Matthew Strausburg of Booth Dermatology, <i>TH</i> 4:00 Happy Hour, <i>B</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Quarter BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
13	14	15	16	17	18	19
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 9:30 Dining Committee Meeting, <i>D</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Sue the Seamstress, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 All Residents Meeting, <i>WH</i> 4:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 1:30 Netflix Series - Sinatra: All or Nothing at All, <i>TH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 2:30 Chefs Table, <i>B</i>	9:00 Gentle Chair Yoga, <i>WH</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>WH</i> 1:15 Market District Shopping Trip, <i>L</i> 1:30 Community Euchre, <i>CL</i> 2:00 Posture, Balance & Strength, <i>WH</i> 2:30 St. Christopher's Episcopal Church Service, <i>TH</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 Town Hall - 1st Floor, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 2:00 Town Hall - 2nd Floor, <i>WH</i> 3:00 Town Hall - 3rd Floor, <i>WH</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 4:00 Happy Hour, <i>B</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Community BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
20	21	22	23	24	25	26
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:00 Picard & Peeps, <i>WP</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Sue the Seamstress, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 12:00 the CLIMB Lunch & Learn, <i>WH</i> 12:30 Podiatry Clinic, <i>WC</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 1:30 Netflix Series - Sinatra: All or Nothing at All, <i>TH</i> 2:00 Yard Darts, <i>WH</i> 2:00 Poker, <i>FL3</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i>	9:00 Gentle Chair Yoga, <i>WH</i> 10:00 Health Talk HTS Therapy, <i>TH</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>MP</i> 1:00 Write the Word Game, <i>WH</i> 1:15 Market District Shopping Trip, <i>L</i> 2:00 Posture, Balance & Strength, <i>MP</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:00 Eiteljorg Quilt Show, <i>L</i> 10:00 Line Dancing, <i>WH</i> 11:10 TED Talks, <i>TH</i> 1:00 Workshop Team Meeting, <i>D</i> 1:00 the CLIMB Parkinson's Class, <i>FC</i> 1:00 Who Am I, <i>AS</i> 1:15 Meijer Shopping Trip, <i>L</i> 2:00 Catholic Communion/Rosary, <i>TH</i> 2:00 Social Bridge, <i>CL</i> 3:30 Becca's Writing Workshop, <i>AS</i>	9:00 Active Strength and Stretch, <i>WH</i> 9:45 Walk in the Park, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chix with Stix, <i>FP</i> 1:00 Group Games with Memer, <i>WH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 2:00 Guest Speaker, Dr. Belamkar Pain Medicine Specialist, <i>TH</i> 4:00 Happy Hour, <i>B</i>	10:30 Zumba Gold, <i>WH</i> 1:10 Documentary, <i>TH</i> 3:00 Community BINGO, <i>B</i> 3:55 Classic Movie, <i>TH</i> 7:30 Documentary REPLAY, <i>TH</i>
27	28	29	30	MEETING PLACES		
9:00 Carmel United Methodist Virtual Church Service, <i>OL</i> 10:30 Notre Dame Virtual Mass, <i>OL</i> 3:00 Church Service w/ Rev. King, <i>TH</i> 3:55 Sunday Movie, <i>TH</i> 7:30 Sunday Movie REPLAY, <i>TH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Fitness Orientation 101, <i>FC</i> 10:00 Sue the Seamstress, <i>AS</i> 1:00 Balance Basics, <i>FC</i> 1:30 Bible Study, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Play Jeopardy!, <i>TH</i> 7:30 Armchair Travel, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Functional Fitness, <i>WH</i> 11:00 Pilates, <i>WH</i> 1:00 the CLIMB Parkinson's Class, <i>WH</i> 1:30 Netflix Series - The Last Dance, <i>TH</i> 2:00 Watercolor Class with Darvin Barnes, <i>AS</i> 2:00 POHLS Committee Meeting, <i>D</i>	9:00 Gentle Chair Yoga, <i>WH</i> 11:00 Brain, Body Boost, <i>WH</i> 1:00 Balance Basics, <i>FC</i> 1:15 Market District Shopping Trip, <i>L</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:30 Michael B Rhatatat, <i>WH</i> 5:00 Great Courses, <i>TH</i>	WH - Windsor Hall FL2 - 2nd Floor Lounge AS - Art Studio D - IL Den FL3 - 3rd Floor Lounge MP - Multipurpose Room CL - Card Lounge TH - Theater L - IL Lobby FC - Fitness Center		FP - IL Fireplace Lobby B - Bistro OL - Online TV - TV Channel 900 S - Salon WP - Windmere Patio WC - Wellness Clinic