



THE BARRINGTON
OF CARMEL

SAMPLE ACTIVITIES CALENDAR

Memory Support

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 A.M. Sittercise	9:30 A.M. Balloon Volleyball	9:30 A.M. Chair Aerobics	9:30 A.M. Coffee & Cookies	8:30 A.M. Sit & Fit
10:00 A.M. Daily Discussions	10:30 A.M. Crafty Corner	10:30 A.M. Puzzles & Ponder	10:30 A.M. Planting Mums	10:30 A.M. Sing-a-long with Jeremy & Marilyn
10:30 A.M. Music & Movement	11:15 A.M. Courtyard Coffee	11:15 A.M. Birdwatching	11:00 A.M. Fun in the Sun	12:00 P.M. Men's Pizza Lunch
11:00 A.M. Pretty Nails	2:00 P.M. Golf	2:45 P.M. Word Games	2:00 P.M. Soccer	2:00 P.M. Cornhole
2:00 P.M. Volleyball	2:45 P.M. Crossword Puzzle	3:30 P.M. Snack & Chat	3:00 P.M. Catholic Mass	2:30 P.M. Pink Party
3:00 P.M. Memory Lane Monday	6:00 P.M. Music with Michael Curtis	6:30 P.M. TV Classics	5:00 P.M. Date Night	6:30 P.M. Bingo